

# BLISScipline A.I.M.

"Attend, Intend, Masterfully Manifest NOW!"

## The Practice of Living a BLISScipline Lifestyle

<b>B</b>	Be Present
<b>L</b>	Light Gratitude Within
<b>I</b>	Invite Love
<b>S</b>	Simply Breathe
<b>S</b>	Sense Your Body
<b>C</b>	Consciously Affirm
<b>I</b>	In-Vision and Ask
<b>P</b>	Pay Attention and Listen
<b>L</b>	Live the Consciousness
<b>I</b>	Intend & Receive Inspired Actions
<b>N</b>	Now Say "Yes!" & Be Here Now!
<b>E</b>	Enthusiastically Release & Think B.I.G. ( <i>Be In Gratitude!</i> )